



## Ask Your Doctor...

Issues every parent may want to ask their child's healthcare provider about.

### Sleep

- Sleep Patterns
- Sleep Problems
- Night Time Fears

### Family Health

- Immunizations
- Common Childhood Diseases
- Guidelines for Calling the Doctor
- Bedwetting
- Ear Infections
- Smoking and Children

### Nutrition/Feeding

- Breast/Bottle Feeding
- Colic
- Solid Foods
- Allergies
- Weaning
- Eating Habits/Patterns

### Behavior Issues

- Toilet Learning
- Biting
- Routines/Limits
- Discipline/Guidance
- Fears
- Temper Tantrums
- Temperament and Your Child

This is

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## Health Record

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Birth Date

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Social Security

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Parent or Caregiver's Name

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Address

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City, State, Zip

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Phone Number

Bring this health record to your child's doctor appointments to write down important information about his/her health, immunizations and development. Work with your healthcare provider to keep this record up to date.



# Your Child's Health Record



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