



## Watch Me Grow Series Developmental Checklist

### Share My Discovery As I:

	Attempts	Practicing	Accomplished	Mastered
Express myself in words, complete sentences, and general conversations.				
Enjoy asking questions and learning.				
Become creative.				
Learn to use my imagination.				
Recognize colors.				
Match sizes, shapes and colors.				
Play well with others.				
May become bossy at times and criticize others.				
Have fears.				
Enjoy dramatic play.				
Learn right and left.				
Learn to tie shoe, zip zippers, snap snaps, etc.				
Love physical activity.				
Go up and down a small ladder.				
Throw a ball overhanded.				
Balance on the left and right foot for several seconds.				
Dress myself.				
Cut with scissors.				
Begin to form letters, may sometimes be backwards.				
Cooperate with others.				
Become reliable in tasks.				
Want to help those around me.				
Know my own phone number and address.				
Become very curious.				
Develop self control.				
Become sensitive to others' needs.				
Learn to print my own name.				
Retell stories and make up stories.				
Learn to do activities that require a longer attention span.				

## ✓ Reality Check: Parenting Myths vs. Parenting Reality

**Myth:** *Learning starts when children enter school.*

**Reality:** *Learning starts at birth and continues throughout a lifetime. Parents, therefore, play a very important role - their child's first and most influential teacher.*

*Parents of preschoolers can encourage the learning process by providing encouragement, resources and guidance. Because of their natural curiosity, young children are open and eager to learn about themselves and their environment. You don't have to worry about teaching your child "how to learn." Sometimes, parents are so eager for their children to learn that they push them over and above what is appropriate for their age. This "get ahead" attitude and unrealistic parental expectations create undo stress for children. If a child wants to learn for his/her own enjoyment and satisfaction, that is great. But, this desire needs to come from the child, not the parent.*

*You can help your child's learning potential by providing opportunities that encourage a positive self esteem and social skills. Promote problem solving and mastery of self help skills at levels that are appropriate for your child's age. Reading to your child daily can encourage an appreciation for learning. Keep in mind that activities like fantasy play, sorting games, classifying object games, writing stories, drawing pictures and creative art projects also encourage family interaction.*

## Activity Center

Magnifying glass  
Magnets  
Bird feeder  
Seeds, gardening tools (play)  
Nature walks  
Feely box  
Size puzzles  
Play tools  
Junior computer games  
Homemade musical instruments  
Number cards  
Large trucks  
Shape stencils  
Shape sorting box  
Marble maze  
Waffle blocks  
Books

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