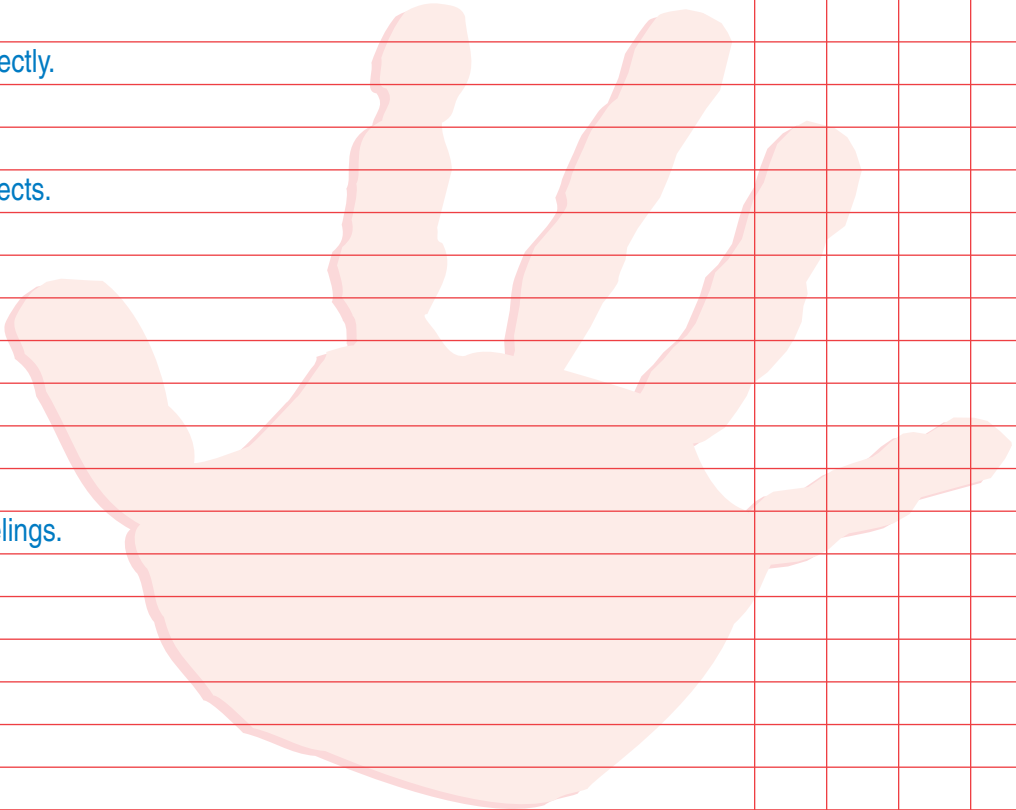




Watch Me Grow Series Developmental Checklist

Share My Discovery As I:

	Attempts	Practicing	Accomplished	Mastered
Begin to scribble				
Point and gesture to indicate wants and needs.				
Respond to simple requests.				
Follow simple directions.				
Jabber, say a few words-but not perfectly.				
Observe and listen to conversations.				
Sing to music.				
Recognize words as symbols for objects.				
Think about simple problems.				
Enjoy make-believe play.				
Overcome simple obstacles.				
Enjoy messy play.				
Imitate adult behavior.				
Recognize photo pictures.				
Assert independence.				
Communicate wants, needs, and feelings.				
Initiate my own play activities.				
Enjoy your affection.				
Hold and drink from cup.				
Take off some of my own clothes.				
Walk forward and backward.				
Stoop, run, and climb.				
Scribble.				
Move a riding toy.				
Aim, roll and throw a ball.				
Understand words-follow simple instructions.				
Point to body parts.				
Feel frustrated easily.				
Match some toys.				



Developmental Tip: Sibling Adjustment

Adjusting to a new sibling in the home can be a potentially stressful situation for both parents and siblings. Parents are trying to adjust to the physical and emotional demands of having another child to care for. Young children may feel deprived of their parents' attention. Older children may become frustrated when the baby becomes mobile and gets into their toys. Parents who prepare their older children early in the pregnancy and involve them in the newborn's care as much as possible, experience less rivalry.

Ways to prepare your child for a new baby in the family include:

- Attending a big brother/sister program at your local hospital.
- Visiting with friends who have young babies.
- Allowing your older child to visit you and the new baby in the hospital.

When you bring the new baby home:

- Make time for you and the older child to have time together alone.
- Involve the older child in the baby's care as much as possible.
- Encourage your older child's ability to be a "good helper."
- Talk about what it feels like to be a big brother or sister in your home. Talk about feeling happy, sad or mad and the fact that these feelings are okay. But, it is not okay to hurt the baby because you are mad.

Activity Center

Matching toys

Musical toys

Large motor (legs and arms) activities

Puzzles

Pull toys

Riding toys without pedals

Finger plays

Zipper, snap, button dolls

Paper scraps and glue

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