

# June OST Newsletter: Region 5

Out of School Time News by Jodi Rysavy, OST Specialist

## Out-of-School Time Summer Kickoff:

“Understanding the Challenging Child”  
&  
“Getting Along in the Workplace”

When: Saturday, June 6<sup>th</sup>, 2009

Time: 9:00 – 12:00pm

Place: Sanford USD Health Sciences Center,  
Sioux Falls

\*This training is for anyone working with children ages 6 – 12 years old. Participants will receive 3 hours of in-service training.

For registration, please call:  
605-333-0698 or 1-800-235-5923 ext. 3

## Save the Date:

Tenth Annual SoDakSACA Conference  
October 9-10<sup>th</sup>, 2009  
Cedar Shores, Chamberlain  
[www.sodaksaca.org](http://www.sodaksaca.org)



## Summer Safety Tips:

In order to provide a safe summer program, it is essential that staff and children know the safety rules and procedures.

Here are some basic summer safety tips to keep in mind:

- ✚ Develop guidelines for your playground area
- ✚ Post chart of emergency procedures
- ✚ Make sure emergency numbers are posted by a phone
- ✚ Put together a First Aid kit
- ✚ Post copy of treatment for insect bites and stings
- ✚ Have at least one staff person trained for CPR
- ✚ Provide a variety of workshops and trainings for staff

*Source: Summer Program Tips, Strategies & Activities*

## Quote of the Day:

The adult works to perfect his environment, whereas the child works to perfect himself, using the environment as the means.

*Source: E.M. Standing, Maria Montessori*

## Upcoming OST Trainings Opportunities:

June 6 <sup>th</sup>	Sioux Falls	9:00 – 12:00pm	OST Summer Kickoff: Understanding the Challenging Child & Getting Along in the Workplace	Free
June 10 <sup>th</sup>	Sioux Falls	7:00 – 9:30pm	OST Cert Mod 10: OST as a Family Service - Family Involvement	\$5
June 20 <sup>th</sup>	Mitchell	9:00 – 10:30am	OST Core Mod 5: Behavior Management & Guidance	Free
June 20 <sup>th</sup>	Mitchell	10:30 – 12:00pm	OST Core Mod 6: Social & Cultural Awareness	Free
June 24 <sup>th</sup>	Yankton	6:30 – 8:00pm	OST Core Mod 8: Children with Special Needs	Free

**\*For registration, please call (605)333-0698 or 1-800-235-5923 ext. 3**

### Summer Programming Ideas: Themes

Themes can help spark creativity planning, especially when the children are (as they should be) doing the planning. Goals can be set, themes can be created. Activities, trips and events related to the themes can be planned.

If you are looking for a variety of specific OST learning activities that can be incorporated into your daily programming needs, here's your chance! Sanford Children's CHILD Services offers 15 different theme units where lesson plans are already developed for you!

#### Theme Kits available for checkout:

<b>Anatomy</b>	<b>Art</b>	<b>Fractions</b>
<b>Geography</b>	<b>Insects</b>	<b>Indoor / Outdoor Activities</b>
<b>Literacy</b>	<b>Math</b>	<b>Measurement</b>
<b>Money</b>	<b>Multicultural</b>	<b>Music</b>
<b>Science</b>	<b>Solar System</b>	<b>Weather</b>

#### How does one become a member of the OST Lending Library?

Stop by Sanford Children's CHILD Services located on West 41<sup>st</sup> Street from the hours of 8:00 – 4:30pm Monday thru Friday, the 3<sup>rd</sup> Tuesday of every month till 8:00pm or the 1<sup>st</sup> Saturday of every month from 10:00 – 1:00pm.

Complete an *annual* Lending Library Membership Application.

#### Checkout Periods

Videos can be checked out for a 7 day period.  
 Books and theme units can be checked out for a four week period.  
 Only two theme units can be checked out per site.

For more information please contact your OST Specialist at [rysavyj@sanfordhealth.org](mailto:rysavyj@sanfordhealth.org)