

# July OST Newsletter: Region 5

Out of School Time News by Jodi Rysavy, OST Specialist

## Upcoming Conferences: Save the Date!

### 21st Century Community Learning Centers Conference

(July 23-24, 2009 - Ramkota RiverCenter - Pierre, SD) - Annual state conference for directors, staff, and school administrators of 21st CCLC programs, and open to non-21st CCLC afterschool programs as well. Contact: Leslie Schweitzer (605)773-4693; or email:

[Leslie.Schweitzer@state.sd.us](mailto:Leslie.Schweitzer@state.sd.us) For the registration form and conference flyer, check out the website & go to:

<http://doe.sd.gov/oess/21cent/index.asp>

### Tenth Annual SoDakSACA Conference

(October 9-10, 2009 - Cedar Shores Convention Center - Chamberlain, SD) - 10th annual state conference for afterschool and youth development professionals. Largest state conference for the afterschool field in South Dakota. Special celebration this year for the 10th anniversary. Contact: Jan Stange - [gapost@brookings.net](mailto:gapost@brookings.net) For more information, go to: [www.sodaksaca.org](http://www.sodaksaca.org)



## Fun, Learning, & Parent Communication:

A weekly or bi-weekly newsletter during the summer months can be an exciting activity & learning experience; especially when your children are creating the newsletter!

How are you going to start doing this?

- ✚ Older children can be the reporters and scribes
- ✚ Younger children can contribute to the drawings and be interviewed
- ✚ Staff can help with general ideas & layout by keeping it simple & neat
- ✚ Ideas may include jokes, interviews, recipes, ideas for vacations, etc.
- ✚ Don't worry about errors – let your children own it!
- ✚ Print it (1-2 sheets using color paper)
- ✚ Take a trip to a printing shop or visit your local newspaper for ideas

*Source: Summer Program Tips, Strategies & Activities*

### Quote of the Day:

Loving a child doesn't mean giving in to all his whims; to love him is to bring out the best in him, to teach him to love what is difficult.

*Source: Nadia Boulanger*

## Upcoming OST Trainings Opportunities:

|                            |             |               |  |      |
|----------------------------|-------------|---------------|--|------|
| July 8th                   | Sioux Falls | 7:00 – 9:30pm | OST Cert Mod 11: Building Relationships With School Personnel            | \$5  |
| August 12th                | Sioux Falls | 7:00 – 9:30pm | OST Cert Mod 12: Growing as a Professional in OST Programs               | \$5  |
| September 9th              | Sioux Falls | 7:00 – 9:30pm | OST Cert Mod 19: Involving Youth in Activity Planning/Implementation     | \$5  |
| September 15 <sup>th</sup> | Sioux Falls | 7:00 – 8:30pm | OST Core Mod 8: Children with Special Needs                              | Free |
| September 19 <sup>th</sup> | Sioux Falls | 9:00-12:00pm  | OST Fall Kick-Off: Schedules & Routines and Bullying: Back to the Basics | Free |
| September 21 <sup>st</sup> | Yankton     | 6:30 – 8:00pm | OST Core Mod 9: Program Mgt. & Professionalism                           | Free |

## Summer Programming Ideas: Splash Day

With the hot summer months here, why not have your school-agers bring their swim suits, towels and sunscreen for a special water day right on your playground! Here's a list of water activities that your school-age children are sure to love:

- Fill up water balloons and toss them back and forth.
- Set up different types of sprinklers and run through them.
- Make sure there is plenty of water located near your sandbox; makes building more fun!
- Create your own water slide by letting water from the hose run down the slide.
- Make a rainbow by standing with your back to the sun & spraying water into the air.
- Put water in cups with a little tempera paint. Provide old paint brushes for painting on the sidewalk.
- Have a wash day and wash everything from doll clothes to swing sets.
- Mix a little tea or coffee in a dishpan with water. Place paper in the water and let dry in the sun for a parchment effect.