



REMINDER TO PARENTS

If you would like to take pictures of your child during swimming lessons, remember to fill out a photo authorization form at the front desk. You'll also need to wear a photo lanyard giving you permission to take pictures.

**THANK YOU
FOR YOUR HELP IN THIS MATTER.**



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1305 W. 18th Street
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Sanford

**INFANT/TODDLER/PRESCHOOL
SWIMMING LESSONS**

**ADVANCED TODDLER/PRESCHOOL
SWIMMING LESSONS**

**LEVEL I & I ADVANCED
SWIMMING LESSONS**

**SWIMMING STRENGTH
& STROKE CLASS**



MAY 4 – 28, 2009



INFANT SWIMMING LESSONS

6 MONTHS TO 18 MONTHS

TIMES: MONDAY, 5:45 – 6:15 p.m.

OR

TUESDAY, 10 – 10:30 a.m.

A parent must accompany child in the water these classes will be taught in the therapy pool.

TODDLER SWIMMING LESSONS

19 MONTHS TO 36 MONTHS

TIMES: WEDNESDAY, 5:45 – 6:15 p.m.

OR

THURSDAY, 10 – 10:30 a.m.

A parent must accompany child in the water these classes will be taught in the therapy pool.

PRESCHOOL SWIMMING LESSONS

3 YEAR OLDS

TIMES: MONDAY & WEDNESDAY

6:15 – 6:45 p.m.

OR

TUESDAY & THURSDAY

10:30 – 11 a.m.

A parent must accompany child in the water these classes will be taught in the therapy pool.

ADVANCED TODDLER/PRESCHOOL SWIMMING LESSONS

This class is designed for 2 & 3 yr. olds who are very comfortable going under water.

TIMES: MONDAY & WEDNESDAY

6:45 – 7:15 p.m.

A parent must accompany child in the water these classes will be taught in the therapy pool.

LEVEL I AND LEVEL I ADVANCED SWIMMING LESSONS

TIMES: MONDAY & WEDNESDAY

4 – 4:30 p.m. (LEVEL I)

MONDAY & WEDNESDAY

4:30 – 5 p.m. (LEVEL I ADV.)

TUESDAY & THURSDAY

7 – 7:30 p.m. (LEVEL I)

TUESDAY & THURSDAY

7:30 – 8 p.m. (LEVEL I ADV.)

An additional \$1 Red Cross fee must be paid at the time of registration regardless of membership status.

For Levels I & I Advanced

- This class will be taught in the therapy pool.
- LEVEL I: does not comfortably put head under water.
- LEVEL I ADVANCED: puts head under water & can float with help.

Students must be at least 4 years old to enroll in Level I and Level I Advanced. A Parent or Guardian must remain in the pool area if your child is 6 years old or younger.

SWIMMING STRENGTH & STROKE CLASS

TIMES: TUESDAY & THURSDAY

4 – 4:45 p.m.

Child must be in at least level IV swimming lessons and be able to swim 1 lap of the pool American crawl.

REGISTRATION DATES

Based on customer feedback and to ensure the fairness of all Wellness Center members, swimming lesson registration is done **ALPHABETICALLY**. We will rotate each alphabetical grouping during the year so that each group will have the opportunity to register first.

TIMES: Monday, April 27, 2009

5:30 – 6 p.m.

Last Name beginning with letters (A-G)

6 – 6:30 p.m.

Last Name beginning with letters (H-N)

6:30 – 7 p.m.

Last Name beginning with letters (O-Z)

Tuesday, April 28, 2009

9:30 – 11 a.m.

Last Name beginning with letters (A-Z)

*If you cannot make it during your scheduled time you may come later during registration, but not earlier.

PRICE: Swimming Lessons are included for those members whose children are on their membership. If your child(ren) are NOT on your membership the fee is **\$15 per child**.

This does not include punch card members.
(An additional \$1 Red Cross Fee must be paid at the time of registration for Level I and I Advanced regardless of membership status.)

YOUR SAFETY FIRST: For your safety and that of all our members, we require that each member that comes to the Wellness Center present their ID Card at the front desk to gain access to the facility.