

August OST Newsletter: Region 5

Out of School Time News by Jodi Rysavy, OST Specialist

Upcoming Conferences: Save the Date!

OST Fall Kickoff: September 19th, 9:00 – 12:00pm – Sioux Falls, SD. This year's OST Kickoff will provide information on the following topics: *Schedules & Routines* and *Bullying: Back to the Basics*. This training is provided for anyone working with children 6 – 12 yrs olds. The OST Kickoff is FREE and will provide a total of 3 hours of in-service training opportunities. Call and reserve your spot today by calling Sanford Children's CHILD Services at (605)333-0698.

Tenth Annual SoDakSACA Conference

October 9-10, 2009 - Cedar Shores Convention Center - Chamberlain, SD - 10th annual state conference for afterschool and youth development professionals. Largest state conference for the afterschool field in South Dakota. Special celebration this year for the 10th anniversary. Contact: Jan Stange - gapost@brookings.net. For more information, go to: www.sodaksaca.org



New Training Option for Afterschool Directors & Staff

The Division of Child Care Services announces a new training option for afterschool and child care programs to help make training more accessible, especially in rural areas.

The workshop series '*School-Age Growth and Development*' will be offered over the Dakota Digital Network (DDN) beginning October 19. The training series is appropriate for anyone working with school-age children in K-6th grades, and is an approved SD Pathways training. CEU and college credit will be available.

A total of six classes in this series will be held at various DDN locations statewide on Monday evenings from 7:00pm - 9:30pm Central Time (6:00pm - 8:30pm Mountain) on the following dates: October 19, October 26, November 2, November 9, November 16, and November 23. DDN sites will be made available based on location of registrants for this event.

The deadline to register for the training series is September 30, 2009. Cost is \$20 for the series (a \$10 discount), and fees must be paid when you pre-register. Persons interested should register for the entire series.

For more information or to register, please contact Jodi Rysavy at 1(800)235-5923 Ext. 4

Quote of the Day:

Invest in a human soul. Who knows? It might be a diamond in the rough.

Source: Mary McLeod Bethune

Upcoming OST Trainings Opportunities:

August 12th	Sioux Falls	7:00 – 9:30pm	OST Cert Mod 12: Growing as a Professional in OST Programs	\$5
September 9th	Sioux Falls	7:00 – 9:30pm	OST Cert Mod 19: Involving Youth in Activity Planning/Implementation	\$5
September 15 th	Sioux Falls	7:00 – 8:30pm	OST Core Mod 8: Children with Special Needs	Free
September 19 th	Sioux Falls	9:00-12:00pm	OST Fall Kick-Off: Schedules & Routines and Bullying: Back to the Basics	Free
September 21 st	Yankton	6:30 – 8:00pm	OST Core Mod 9: Program Mgt. & Professionalism	Free

Theme Unit of the Month: Music: Shake, Rattle & Roll

Goals: Children will have a better understanding of the importance of exploring sounds and rhythms of different instruments along with their proper use.

Objectives:

1. Increase children's knowledge in rhythm activities and develop motor skills and coordination to familiar songs.
2. Increase children's knowledge in choreographed music.
3. Increase children's knowledge in exercises that are short, simple, and fun.
4. Increase children's knowledge in celebrating diversity and history in folk songs, blues, hymns, and civil rights and historical songs.

Items in this theme unit:

- 6 Piece Rhythm Band Set
- Cactus Rain-Sticks
- Rhythm Sticks
- Double Headed Tom-Tom
- Maracas
- Good Morning Exercises for Kids
- Music of Many Cultures

Checkout Periods

- Videos can be checked out for a 7 day period.
- Books and theme units can be checked out for a four week period.
- Only two theme units can be checked out per site.

For more information please contact your OST Specialist at (605)333-0698.